

# No-Pain/Have-Pain Foods

List and advice from  
**Supreme Master Ching Hai** (vegan)

Please note: We will update when possible with more  
No-pain and Have-pain foods. This is not a complete list.

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(**N** = No Pain, **P** = Have Pain) selections from

**Supreme Master Ching Hai (vegan)**

---

**Cilantro/Coriander**

---

**Bolero cilantro**

**N**



**Calypso cilantro**

**N**



---

**Caribe cilantro**

**N**



**Confetti cilantro**

**N**



---

**Cruiser cilantro**

**N**



**Delfino cilantro**

**N**



(**N** = No Pain, **P** = Have Pain) selections from

**Supreme Master Ching Hai (vegan)**

---

**Dwarf Lemon cilantro**

**N**



**Leisure cilantro**

**N**



**Marino cilantro**

**N**



**Poke Joe cilantro**

**N**



**Rak Tamachat cilantro**

**N**



**Santo (Long Standing) cilantro**

**N**





**SupremeMasterTV.com/NoPainFood**      **Cilantro/Coriander**  
**(N = No Pain, P = Have Pain) selections from**  
**Supreme Master Ching Hai (vegan)**

---

**Standby cilantro**

**P**



**Sunmaster cilantro**

**N**



**RCr-446 coriander**

**P**



**Thüringer coriander**

**N**



**Yantar coriander (Jantar)**

**N**



(**N** = No Pain, **P** = Have Pain) selections from

**Supreme Master Ching Hai (vegan)**

---

**Leaf Parsleys**

---

**Banquet parsley**

**N**



**Champion Moss Curled parsley**

**N**



---

**Darki parsley**

**P**



**Extra Triple Curled parsley**

**N**



---

**Festival 68 parsley**

**N**



**Forest Green parsley**

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Frisé Vert Foncé parsley**

**N**



**Gigante d'Italia parsley**

**P**



**Gigante di Napoli parsley**

**N**



**Green Pearl parsley**

**N**



**Hilmar parsley**

**N**



**Kaderava parsley**

**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Krausa parsley**

**N**



**Moss Curled II parsley**

**N**



**Paramount parsley**

**N**



**Petra parsley**

**N**



**Plain Leaved 2 parsley**

**N**



**Titan parsley**

**P**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Triple Moss Curled parsley**

**N**



---

**Root Parsleys**

---

**Arat parsley**

**N**



**Berliner parsley**

**N**



---

**Eagle parsley**

**P**



**Hilmar parsley**

**N**



**Osborne Root parsley**

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Dills**

---

**Ambrosia dill**

**N**



**Bouquet dill**

**N**



---

**Dukat dill**

**N**



**Elephant dill**

**N**



---

**Fernleaf dill**

**N**



**Hera dill**

**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Hercules dill**

**N**



**Long Island Mammoth dill**

**N**



**Superdukat dill**

**N**



**Teddy dill**

**N**



**Gold Crown dill**

**N**



**Vierling dill**

**N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Radishes**

---

**Bainiang radish (白娘)**

**N**



**Black Spanish Long radish**

**P**



---

**Black Spanish Round radish**

**P**



**Cherry Belle radish**

**N**



---

**Crimson Giant radish**

**N**



**Daikon Minowase radish**

**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Daikon Misato Rose radish

**N**



Early Scarlet Globe radish

**N**



French Breakfast radish

**N**



Korean Mu radish

**N**



Meihua radish (梅花)

**N**



Meinong White Jade radish  
(美濃白玉) **N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

München Bier radish

**N**



Pink Beauty radish

**N**



Purple Plum radish

**N**



Rat's Tail radish

**N**



Red Dragon radish

**N**



Rudi radish

**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Sakurajima radish**

**N**



**Shunkyo radish**

**N**



**White Beauty radish**

**N**



**White Icicle radish**

**N**



**Yongxiang radish (永祥)**

**N**



**Zlata radish**

**N**





**Vietnamese coriander**

**Vietnamese-grown (Rau răm)**

**type 1 (grown in Cần Thơ)**

**N**



**type 2 (grown in Đà Nẵng)**

**P**



**type 3 (grown in Hà Nội)**

**N**



**type 4 (grown in HCM CT)**

**N**



**Cambodian-grown (Chi krasang)**

**type 1**

**N**



**type 2**

**P**



**SupremeMasterTV.com/NoPainFood** Vietnamese coriander  
(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Indian-grown (Phak phai)**

**type 1**  
(grown in Manipur region)  
**N**



**type 2**  
(grown in Manipur region)  
**P**



**type 3**  
(grown in Manipur region)  
**N**



**type 4**  
(grown in Manipur region)  
**N**



**French-grown**

**type 1**  
**P**



**type 2**  
**P**





**SupremeMasterTV.com/NoPainFood** Vietnamese coriander  
(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**German-grown**

**type 1**

**N**



**type 2**

**N**



---

**Indonesian-grown (Daun kesum)**

**type 1**

**N**



**type 2**

**N**



---

**Japanese-grown**

**type 1**

**P**



**type 2**

**P**



**SupremeMasterTV.com/NoPainFood** Vietnamese coriander  
(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Laotian-grown (Phak phaew)**

**type 1**

**N**



**type 2**

**(grown in Xayaboury)**

**N**



**Malaysian-grown (Daun kesum)**

**type 1**

**N**



**type 2**

**N**



**Philippine-grown**

**type 1**

**P**



**type 2**

**P**





**SupremeMasterTV.com/NoPainFood** Vietnamese coriander  
(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Thai-grown (Phak phaew)**

**type 1**  
**(grown in Maha Sarakham)**

**P**



**type 2**

**N**



**Australian-grown**

**N**



**British-grown**

**P**



**Canadian-grown**

**N**



**Chinese-grown**

**P**



**SupremeMasterTV.com/NoPainFood** Vietnamese coriander  
(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Dutch-grown**

**P**



**Irish-grown**

**P**



**Italian-grown**

**P**



**Korean-grown**

**P**



**Myanmar-grown (Phetphe)**

**P**



**New Zealand-grown**

**P**





**SupremeMasterTV.com/NoPainFood** Vietnamese coriander  
(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Singaporean-grown (Daun laksa)

**N**



Taiwanese-grown

**N**



---

US-grown

type 1

**P**



type 2

**P**



---

type 3

**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Bamboo Shoots**

---

**Bambusa blumeana**  
bamboo shoot (刺竹筍)

**N**



**Bambusa edulis (Odashima) Keng**  
bamboo shoot (烏殼綠竹筍)

**N**



---

**Bambusa oldhamii**  
bamboo shoot (綠竹筍)

**N**



**Dendrocalamus brandisii**  
bamboo shoot (甜龍筍)

**N**



---

**Dendrocalamus giganteus**  
bamboo shoot (巨竹筍)

**N**



**Dendrocalamus latiflorus**  
bamboo shoot (麻竹筍)

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Phyllostachys edulis  
bamboo shoot (孟宗筍)**

**N**



**Phyllostachys makinoi Hayata  
bamboo shoot (桂竹筍)**

**N**



**Pseudosasa usawai  
bamboo shoot (箭筍)**

**N**



---

## **Endives**

---

**Benefine endive**

**N**



**Blonde à Coeur Plein endive**

**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Bubikopf endive**

**N**



**Cornet de Bordeaux endive**

**N**



**De Meaux endive**

**N**



**Eros F1 endive**

**N**



**Full Heart Batavian endive**

**N**



**Géante Maraîchère endive**

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Green Curled Ruffec endive**

**N**



**Grosse Pancalière endive**

**N**



**Korbi RZ endive**

**N**



**Rhodos endive**

**N**



**Salad King endive**

**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Sages

---

Berggarten sage

**N**



Extrakta sage

**N**



---

Holt's Mammoth sage

**N**



---

Peppermints

---

French-grown

type 1

(grown in Nouvelle-Aquitaine)

**P**



type 2

(grown in Provence)

**N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

type 3  
(grown in Île-de-France)  
**N**



type 4  
(grown in Grand Est)  
**P**



---

Australian-grown

type 1  
(grown in Tasmanina)  
**N**



type 2  
(grown in central Victoria)  
**N**



---

Italian-grown

type 1  
(grown in Puglia)  
**N**



type 2  
(grown in Piedmont)  
**P**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**type 3  
(grown in Tuscany)**  
**N**



**type 4  
(grown in Puglia)**  
**P**



---

**Brazilian-grown**

**type 1  
(grown in Maranhão)**  
**N**



**type 2**  
**P**



---

**US-grown**

**type 1  
(grown in Kentucky)**  
**P**



**type 2  
(grown in Arkansas)**  
**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**type 3**  
**(grown in Minnesota)**  
**N**



**type 4**  
**(grown in Pennsylvania)**  
**N**



---

**Czech-grown**

**type 1**  
**(grown in Hradec Králové)**  
**N**



**type 2**  
**P**



---

**type 1**  
**(grown in Matrouh)**  
**N**



**type 2**  
**(grown in New Valley)**  
**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Indian-grown

type 1

(grown in Uttar Pradesh)  
**N**



type 2

(grown in Uttar Pradesh)  
**N**



---

Iranian-grown

type 1

**N**



type 2

(grown in Mazandaran)  
**N**



---

Moroccan-grown

type 1

**P**



type 2

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Taiwanese-grown**

**type 1**  
**N**



**type 2**  
**N**



**Vietnamese-grown**

**type 1**  
**(grown in Cần Thơ)**  
**N**



**type 2**  
**(grown in Đà Nẵng)**  
**N**



**Argentine-grown**

**N**



**Austrian-grown**

**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**British-grown**

**P**



**Canadian-grown**

**N**



**Chinese-grown**

**N**



**Colombian-grown**

**N**



**Danish-grown**

**N**



**Dutch-grown**

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Finnish-grown**

**N**



**German-grown**

**N**



**Greek-grown**

**N**



**Hungarian-grown**

**N**



**Japanese-grown**

**N**



**Korean-grown**

**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Mexican-grown**

**N**



**New Zealand-grown**

**P**



**Nigerian-grown**

**N**



**Polish-grown**

**N**



**Russian-grown**

**N**



**Slovenian-grown**

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Spanish-grown**

**N**



**Swiss-grown**

**N**



**Swedish-grown**

**N**



**Thai-grown**

**N**



**Turkish-grown**

**N**



**Ukrainian-grown**

**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Spearmints  
US-grown

---

type 1 (grown in Alaska)

**N**



type 2

**N**



---

type 3

**N**



type 4 (grown in Florida)

**P**



---

type 5

**N**



type 6

**N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Egyptian-grown

type 1  
**N**



type 2 (grown in North Sinai)  
**N**



type 3  
**P**



type 4  
**N**



Argentine-grown

type 1  
**N**



type 2  
**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

German-grown

type 1  
**P**



type 2  
**N**



type 3  
**N**



type 4  
**N**



Bangladeshi-grown

type 1  
**N**



type 2  
**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Greek-grown**

**type 1**  
**(grown in Central Macedonia)**  
**N**



**type 2**  
**(grown in Central Macedonia)**  
**P**



**type 3**  
**N**



**type 4**  
**N**



**Colombian-grown**

**type 1**  
**N**



**type 2**  
**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Spanish-grown

type 1  
**P**



type 2  
**N**



type 3  
**N**



type 4  
**N**



Costa Rican-grown

type 1  
**P**



type 2  
**N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

type 1  
(grown in Dalarnas län)  
**N**



type 2  
**N**



type 3  
**N**



type 4  
**N**



---

**Finnish-grown**

type 1 (grown in Uusimaa)  
**N**



type 2 (grown in Uusimaa)  
**N**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

French-grown

type 1

**N**



type 2

**N**



---

Indian-grown

type 1

**P**



type 2

**N**



---

Indonesian-grown

type 1

**N**



type 2

**P**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

Italian-grown

type 1

**N**



type 2

**N**



Japanese-grown

type 1 (grown in Tokyo)

**N**



type 2 (grown in Yamaguchi)

**N**



Philippine-grown

type 1

**N**



type 2

**P**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

**Saudi-grown**

type 1

**N**



type 2

**N**



---

**Taiwanese-grown**

type 1

**N**



type 2

**N**



---

**Thai-grown**

type 1

**N**



type 2

**N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

type 1 Vietnamese-grown

**N**



type 2

**N**



---

Algerian-grown

**N**



Australian-grown

**N**



---

British-grown

**N**



Canadian-grown

**P**



(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

type 1

**N**



Brazilian-grown

type 2

**N**



type 3

**N**



Chilean-grown

**P**



Chinese-grown

**N**



Danish-grown

**N**





(**N** = No Pain, **P** = Have Pain) selections from  
**Supreme Master Ching Hai (vegan)**

---

type 1

**N**



Mexican-grown

type 2

**N**



type 3

**N**



Dutch-grown

**N**



Ecuadorian-grown

**N**



Georgian-grown

**P**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**type 1**  
**N**



**Moroccan-grown**

**type 2**  
**N**



**type 3**  
**P**



**Honduran-grown**  
**N**



**Hungarian-grown**  
**N**



**Iranian-grown**  
**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Iraqi-grown**  
**P**



**Israeli-grown**  
**N**



**Lebanese-grown**  
**P**



**Malaysian-grown**  
**N**



**Maltese-grown**  
**N**



**Pakistani-grown**  
**N**



**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**Peruvian-grown**

**N**



**Polish-grown**

**N**



**Russian-grown**

**N**



**Salvadoran-grown**

**P**



**Singaporean-grown**

**N**



**Slovak-grown**

**N**





**(N = No Pain, P = Have Pain) selections from  
Supreme Master Ching Hai (vegan)**

---

**South Korean-grown**

**P**



**Sri Lankan-grown**

**N**



**Tunisian-grown**

**N**



**Turkish-grown**

**N**



**Please note: We will update when possible with more  
No-pain and Have-pain foods.  
This is not a complete list.**

**(All foods below are No-Pain)**

# **No-Pain foods - simple list**

**Please note: We will update when possible with more No-pain foods. This is not a complete list.**

## **Cilantro/Coriander**

- Bolero cilantro
- Calypso cilantro
- Caribe cilantro
- Confetti cilantro
- Cruiser cilantro
- Delfino cilantro
- Dwarf Lemon cilantro
- Leisure cilantro
- Marino cilantro
- Poke Joe cilantro
- Rak Tamachat cilantro
- Santo (Long Standing) cilantro
- Sunmaster cilantro
- Thüringer coriander
- Yantar coriander (Jantar)

## **Leaf Parsleys**

- Banquet parsley
- Champion Moss Curled parsley
- Extra Triple Curled parsley
- Festival 68 parsley
- Forest Green parsley
- Frisé Vert Foncé parsley
- Gigante di Napoli parsley
- Green Pearl parsley
- Hilmar parsley
- Kaderava parsley
- Krausa parsley
- Moss Curled II parsley
- Paramount parsley
- Petra parsley
- Plain Leaved 2 parsley
- Triple Moss Curled parsley

## **Root Parsleys**

- Arat parsley
- Berliner parsley
- Hilmar parsley
- Osborne Root parsley

**Be Vegan, Keep Peace.**



**(All foods below are No-Pain)**

## **Dills**

- Ambrosia dill
- Bouquet dill
- Dukat dill
- Elephant dill
- Fernleaf dill
- Hera dill
- Hercules dill
- Long Island Mammoth dill
- Superdukat dill
- Teddy dill
- Gold Crown dill
- Vierling dill

## **Vietnamese coriander**

*View photos for details*

- Vietnamese-grown (Rau răm)  
(grown in Can Tho, Ha Noi, HCM CT)
- Cambodian-grown (Chi krasang) (type 1)
- Indian-grown (Phak phai) (type 1,3,4)
- German-grown
- Indonesian-grown (Daun kesum)
- Laotian-grown (Phak phaew)
- Malaysian-grown (Daun kesum)
- Thai-grown (Phak phaew) (type 2)
- Australian-grown
- Canadian-grown
- Singaporean-grown (Daun laksa)
- Taiwanese-grown
- US-grown (type 3)

## **Radishes**

- Bainiang radish (白娘)
- Cherry Belle radish
- Crimson Giant radish
- Daikon Minowase radish
- Daikon Misato Rose radish
- Early Scarlet Globe radish
- French Breakfast radish
- Korean Mu radish
- Meihua radish (梅花)
- Meinong White Jade radish  
(美濃白玉)
- München Bier radish
- Pink Beauty radish
- Purple Plum radish
- Rat's Tail radish
- Red Dragon radish
- Rudi radish
- Sakurajima radish
- Shunkyo radish
- White Beauty radish
- White Icicle radish
- Yongxiang radish (永祥)
- Zlata radish

**Be Vegan, Keep Peace.**

**(All foods below are No-Pain)**

### **Bamboo Shoots**

- *Bambusa blumeana*  
bamboo shoot (刺竹筍)
- *Bambusa edulis* (Odashima) Keng  
bamboo shoot (烏殼綠竹筍)
- *Bambusa oldhamii*  
bamboo shoot (綠竹筍)
- *Dendrocalamus brandisii*  
bamboo shoot (甜龍筍)
- *Dendrocalamus giganteus*  
bamboo shoot (巨竹筍)
- *Dendrocalamus latiflorus*  
bamboo shoot (麻竹筍)
- *Phyllostachys edulis*  
bamboo shoot (孟宗筍)
- *Phyllostachys makinoi* Hayata  
bamboo shoot (桂竹筍)
- *Pseudosasa usawai*  
bamboo shoot (箭筍)

### **Endives**

- Benefine endive
- Blonde à Coeur Plein endive
- Bubikopf endive
- Cornet de Bordeaux endive
- De Meaux endive
- Eros F1 endive
- Full Heart Batavian endive
- Géante Maraîchère endive
- Green Curled Ruffec endive
- Grosse Pancalière endive
- Korbi RZ endive
- Rhodos endive
- Salad King endive

### **Sages**

- Berggarten sage
- Extrakta sage
- Holt's Mammoth sage

**Be Vegan, Keep Peace.**



**(All foods below are No-Pain)**

## **Peppermints**

*View photos for details*

- French-grown (type 2, 3)
- Australian-grown
- Italian-grown (type 1, 3)
- Brazilian-grown (type 1)
- US-grown (type 2,3,4)
- Czech-grown (type 1)
- Egyptian-grown
- Indian-grown
- Iranian-grown
- Moroccan-grown (type 2)
- Taiwanese-grown
- Vietnamese-grown
- Argentine-grown
- Austrian-grown
- Canadian-grown
- Chinese-grown
- Colombian-grown
- Danish-grown
- Dutch-grown
- Finnish-grown
- German-grown
- Greek-grown
- Hungarian-grown
- Japanese-grown
- Korean-grown
- Mexican-grown
- Nigerian-grown
- Polish-grown
- Russian-grown
- Slovenian-grown
- Spanish-grown
- Swiss-grown
- Swedish-grown
- Thai-grown
- Turkish-grown
- Ukrainian-grown

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**(All foods below are No-Pain)**

## **Spearmints**

*View photos for details*

- US-grown (type 1, 2, 3, 5, 6)
- Egyptian-grown (type 1, 2, 4)
- Argentine-grown
- German-grown (type 2, 3, 4)
- Bangladeshi-grown
- Greek-grown (type 1, 3, 4)
- Colombian-grown
- Spanish-grown (type 2, 3, 4)
- Costa Rican-grown (type 2)
- Swedish-grown
- Finnish-grown
- French-grown
- Indian-grown (type 2)
- Indonesian-grown (type 1)
- Italian-grown
- Japanese-grown
- Philippine-grown (type 1)
- Saudi-grown
- Taiwanese-grown
- Thai-grown
- Vietnamese-grown
- Algerian-grown
- Australian-grown
- British-grown
- Brazilian-grown
- Chinese-grown
- Danish-grown
- Mexican-grown
- Dutch-grown
- Ecuadorian-grown
- Moroccan-grown (type 1, 2)
- Honduran-grown
- Hungarian-grown
- Iranian-grown
- Israeli-grown
- Malaysian-grown
- Maltese-grown
- Pakistani-grown
- Peruvian-grown
- Polish-grown
- Russian-grown
- Singaporean-grown
- Slovak-grown
- Sri Lankan-grown
- Tunisian-grown
- Turkish-grown

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